

KYSA: COVID 2021 Health & Safety

FOR PROGRAM LEADERS

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QUESTIONS? - Please contact td@kysa.net

Welcome

As program leaders we must be well informed so that we can maintain a safe sporting environment that ensures, to the best of our abilities, the health and well being of all participants, and our community as a whole.

Thank You for taking on this responsibility.

Roles & Responsibilities

You are representing the KYSA and are expected to understand and uphold the guidelines and policies of our club. This seminar will cover the following main areas:

- Participation Agreement
- KYSA Illness Policy
- Checklist for Program Leaders

Players and parents will hold you to the highest of standards and may raise questions or concerns with you. Be informed, be observant, and be proactive. You are setting the example for all of those around you.

Participation Agreement

Participants MUST be familiar with the full agreement - [HERE](#)

Participants are all athletes, coaches, members, volunteers, participants and family members of participants while in attendance at KYSA activities.

Participants of KYSA agree to the Participation Agreement when entering club facilities and/or participating in club activities under the COVID-19 Response plan and Return to Play Protocol.

Participants will:

- Agree to symptom screening checks.
- Stay home if sick or symptomatic.
- Sanitize hands before & after sessions.
- Maintain physical distancing and other safety protocols (outlined in more detail).
- Not loiter at the completion of sessions.
- Be removed or suspended if they abuse the policies and/or guidelines.

KYSA Illness Policy

Participants MUST be familiar with the full policy - [HERE](#)

- Participants will complete COVID 19 pre-screening questions (verbally or via the online check-in process) before active participation in events.
- Participants will Inform an individual in a position of authority immediately if they feel any symptoms of COVID-19
- Managers/coaches will visually monitor players to assess early warning signs on health and to touch base on how they are regarding their personal safety throughout the session
- If participants feel sick and /or are showing symptoms at practice they should be sent home immediately and contact 8-1-1 or a doctor for further guidance.

Pre & Post Activity Checklist – Program Leaders

BEFORE

- Self Assessment / update attendance
- Wash your hands before leaving your house
- Wear KYSA kit and arrive ready to begin (do not get changed at the field - including boots)
- Avoid touching door handles, gates, benches, and all other objects where viruses could survive.
- Sanitize often

ARRIVAL & DURING

- Be early, know the field & check in.
- As players arrive you must:
 - Track their attendance
 - Get verbal health confirmation
 - Send them home if ill
 - Remind of physical distancing, equipment handling, and to use hand sanitizer.
 - Direct them to specific area.
- Keep players to designated areas.
- Maintain physical distancing
- Avoid all physical contact
- Follow protocols in case of injury (covered later)
- Finish your session on time

AFTER

- Remind players to collect their personal equipment and leave the field promptly, directing them where to go based on your location.
- Collect your session equipment and bring it to the designated “used equipment” station.
- Wash your hands / use hand sanitizer before leaving the Park.

FULL CHECKLIST - [HERE](#)

Before The Session

COACHES ARE TO:

- Pre-Screen themselves for COVID symptoms
- Arrive early and ready to start your session.
- Sanitize hands, and identify:
 - First aid station(s)
 - Ingress/Egress points
 - Equipment drop off location
- Be sure your equipment has been sanitized before collecting and moving to designated field, remaining at a respectful distance until previous session has cleared out.
- Set up up your field and lay out balls.
- Check-In with players as they arrive.

CHECK-IN WITH PARTICIPANTS:

- Welcome each individual and check them in:
 - Mark their attendance
 - Get verbal confirmation they are symptom free (if they have not completed the online check-in process)
 - Direct them where to go
- Observe participants for early signs of symptoms.
- Encourage/remind compliance with enhanced protocols.
- Task participants with an individual activity until you are ready to begin the session.

During The Session

COACHES ARE TO:

- Monitor participants to ensure everyone is adhering to required safety protocols:
 - Symptom free
 - Appropriate physical distancing
 - Not handling balls (except GKs)
 - Not heading
 - Not spitting in gloves
 - Not touching equipment unnecessarily
- Manage discipline/behavioural issues quickly:
 - First - Identify the issue and warn verbally
 - Second - Remove the individual for a moment
 - Third - Suspend the individual for one or more sessions (to be coordinated through the TD)

- Manage player injuries by first communicating with the player to assess the issue verbally (while maintaining physical distancing).

Depending on the injury:

- They will sit out until they feel better to rejoin.
- They will walk to their parent for attention.
- They will receive direct treatment from the coach or safety officer.
- If required, emergency services will be contacted.

Anyone moving inside physical distancing boundaries MUST put on gloves and a mask (found in the first aid kit)

After The Session

COACHES ARE TO:

- Thank players for their attention, safe practice, and efforts while keeping debriefs to a minimum.
- Direct players to:
 - Collect their personal items
 - Sanitize their hands
 - Depart via designated routes
 - Leave the facility promptly (avoid loitering).
- Control the departure of players, one at a time vs everyone at once - pay attention to how other fields may have released their players.
- Collect the session equipment and disinfect it.
- Sanitize your hands before you go.
- Avoid long discussions with others at the field and look to move these to phone or email.

Conclusion

- Know your role (worst case scenario)
- Arrive prepared/organized to start on time
- Be welcoming, positive & observant
- Maintain & encourage safety protocols
- Wrap up on time
- Clean up & depart in an orderly fashion

Are there any questions that haven't been addressed or areas that need clarification?

If so, contact me at td@kysa.net.