## KYSA: COVID 2021 Health & Safety

FOR PARTICIPANTS & PARENTS

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#### **QUESTIONS?**

Please contact td@kysa.net

### Welcome

As program participants & parents we ask that you be well informed so that we can all maintain a safe sporting environment that ensures, to the best of our abilities, the health and well being of everyone, and our community as a whole.

Thank You for doing your part to help youth sport continue.

### Our Safety Plan: <a href="https://www.kysa.net/guidelines/">https://www.kysa.net/guidelines/</a>

#### kysa.net ---> Play! ---> Our Safety Plan

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	ೆಳೆ GUIDELINES – Kamloops Youth Soccer Association															
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		<b>Current Return to Play Guidelines (as of December 2, 2020):</b> We are in BC Soccer Phase 1 guidelines ( <u>HERE</u> ) right now. All programs are socially distanced, ensuring that participants remain 3m apart on the field of play. Youth indoor and outdoor soccer can occur under Phase 1 Soccer Guidelines with the following restrictions:														
			<ul> <li>Physical distance is now classified as 3 metres.</li> <li>No spectators.</li> <li>Players may travel to their home club/team. Team travel must be limited to stay within each city/municipality.</li> </ul>													

### Roles & Responsibilities

By registering for our programs, all participants (including parents) have agreed to uphold the guidelines and policies of our club. This includes:

- Participation Agreement
- KYSA Illness Policy
- Checklist for Players & Parents

These documents essentially ask you to:

- Stay home is you are sick
- Complete a Check In before each session
- Wash / sanitize your hands often
- Maintain Social Distancing as best as possible
- Respect all instructions from your coach
- Avoid Spectating

# Pre & Post Activity Checklist – Players & Parents

#### **BEFORE**

- Self Assessment / update attendance
- Wash your hands before leaving your house
- Wear your kit and arrive ready to begin (do not get changed at the field including boots)
- Avoid touching door handles, gates, benches, and all other objects where viruses could survive.
- Sanitize often

#### **ARRIVAL & DURING**

- Do not approach the field until 10 min before your session start.
- You may escort your child to/from the field and help them settle if required but must not linger longer than needed.
- Check-in with your coach upon arrival
- Comply with physical distancing requirements at all times.
- Parents should wear masks if escorting their child to/from the field.
- Sanitize your hands before the session
- Maintain physical distancing

#### **AFTER**

- Collect your personal equipment and leave the field responsibly.
- Wash your hands / use hand sanitizer before leaving the Park.
- Avoid loitering at the field.

#### FULL CHECKLIST - HERE

### CHECK IN PROCESS

All participants must check-in before their session in one of three ways:

Preferred Option (available online, 24hrs in advance):

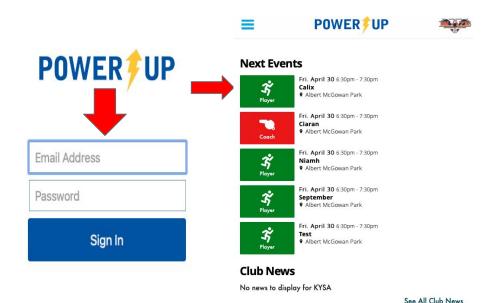
- Power Up Connect App (available for your smartphone in the Google Play and Apple stores)
- 2) Via any browser at <u>m.powerupsports.com</u>

Alternate Option:

1) In person with your coach, at the field.

The Check-In process requires that you answer a few COVID Screening questions.

### CHECK IN PROCESS - App / Online Option

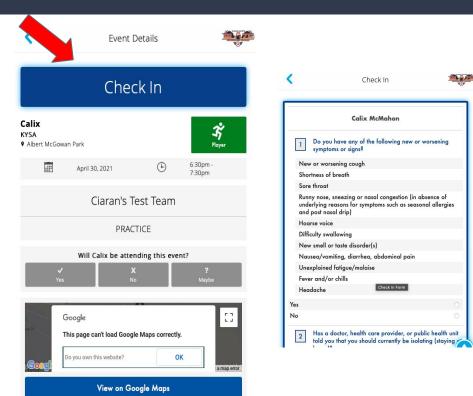


 Log In to your Power up account via the Power Up Connect App or on any browser at m.powerupsports.com

2) Click on the relevant event under "Next Events" or tap the menu bar in the top left (three blue lines) for more options.

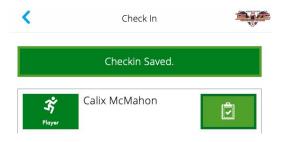
**Open Registrations** 

### CHECK IN PROCESS – App / Online Option



3) Click "Check In" and answer the relevant screening questions.

Once the check in process is completed you will see the following image:



Repeat the same process for multiple children.

### Spectator Rule

#### No Spectators are permitted at youth soccer events.

This rule is NOT NEGOTIABLE and is a requirement from the Provincial Health Office by which the KYSA and all our participants must abide.

<u>Who is a spectator</u> - A spectator is anyone who has a relationship to someone on the field and is present during the event and is not an official of the team (i.e. coach, manager, assistant, other designate).

There is <u>no defined distance</u> where spectating is permitted and we need your help in following the spirit of this rule as best as we all can as often as possible so that every player can continue to be active and engaged with their team and this sport.

We are encouraged those in our membership who have found fun ways to be active during their child's session, by going for a walk, run, bike ride, or roller blade.

### Conclusion

Thank you for your part in keeping our sport safe.

- Pre-Session check-in & symptom screening
- Arrive prepared and ready to start on time
- Sanitize your hands before/during/after
- No spectators.
- Be responsible during your session, follow the rules, and maintain social distancing.
- Clean up & depart in an orderly fashion

Are there any questions that haven't been addressed or areas that need clarification?

If so, contact me at td@kysa.net.