



KYSA Community Spring League

Head Coach, Co-Coach, Assistant Coach

Roles & Responsibilities

OBJECTIVE

Coaching is a very important and fulfilling role. Beyond their parents, research shows that the next most important influence on a child's upbringing is their sport coach. This document is a guide to help current and prospective coaches better understand the influence they hold, the responsibilities required of them, and the resources offered to support and develop them in this role.

OVERVIEW

Once appointed the responsibilities of the community spring league coach typically run from early March (with a coordination meeting and some administrative items) and wrap up at the end of June (with the return of equipment and final team social event). During that time the coach should expect the following:

- Twelve (12) week season (2-3 weeks of pre-season + 9-10 weeks of league play)
- One (1) practice per week
- U8 to U13 = 8 to 10 League Games | U14 to U18 = 12 to 14 League Games
- Two (2) Jamboree / Tournament Events
- Coordination and other meetings as may be required
- Have met or be progressing toward a minimum standard of coach certification (support provided)
- Professional guidance and support available through the season (as may be scheduled / required)

ROLES & RESPONSIBILITIES

The role of the coach is to nurture and scaffold each participant's learning and love for the game in a positive, patient, cooperative and responsible fashion.

To fulfill this role coaches are responsible for the following:

- Displaying consistently high standards of behaviour and being a role model for participants, parents, and spectators.
- Respecting the requirements of the club (including attendance at all mandatory meetings and education workshops) and fulfilling all administrative necessities promptly.
- Pursuing additional opportunities for learning and development
- Putting the health and welfare of each participant ahead of all other concerns
- Engaging with, and communicating openly / often to participants and their parents in a positive and pro-social manner.
- Being available to meet with parents and participants to motivate behaviours and address concerns.
- Organizing and coordinating most/all technical aspects of the team's practices and competitions during the season.

CORE SKILLS & COMPETENCIES

- Patience, compassion, and empathy
- A willingness to work with participants / parents
- A desire to learn and grow in your knowledge
- Ability to organize and delegate effectively
- The awareness to adjust your approach to meet the needs of the individual
- A proactive view toward identifying problems and seeking solutions in a collaborative way



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TIME COMMITMENT

The time commitment required from a Community Spring League coach will vary from month to month during the season and depend significantly on their level of experience, the age groups and the other team volunteers the coach is able to recruit. A typical commitment is outlined below:

April/May/June (rough week to week expectation):

- General Communication/Admin/Meetings - 1 hour
- Practices/Games - 2-3 hrs (U8 to U13) | 4 to 6 hrs (U14 to U18) based on team schedule

Other Events to consider:

- Club required meetings - 1-2 hours per season
- Tournaments / Jamborees - 4 to 8 hours per event
- Mandatory Coach education - 4 to 8 hour course required every few years
- In house education opportunities (1 hour per event)

BENEFITS

There are many benefits associated with coaching. Some of those that have been described by our coaches in the past are:

- The social bonding that occurs with participants and parents.
- The positive and long term relationships that you build and which continue beyond the field.
- The opportunity to be a positive influence in the growth, development, and future contribution to society of a young person.
- The opportunity to experience the joy of achievement (no matter how small) through someone else's eyes and the sincere appreciation you receive from playing a hand in that.
- The opportunity to give back to the community in a supported way.
- The opportunity to pass along your knowledge and passion to others.
- Children and youth are “fun” and entertaining to be around - You will have fun by default.

EDUCATION & CERTIFICATION REQUIREMENTS

With any position of significant responsibility and reward there is a set level of standards that must be met to ensure each participant is supported responsibly. Appointed coaches must already meet or be working toward the minimum requirements as outlined below.

Requirement:	Age Relevant Coach Course	Current CRC	RIS - Activity Leader	Making Head Way	Coaching Agreement
Head Coach	Required	Required	Required	Required	Required
Assistant Coach	Preferred	Required	Preferred	Required	Required

****Further details are found on our website at www.kysa.net/coaching. Associated costs are reimbursed by the club.*